

## Island Games: Medal Winners

### 1985 Isle of Man

|        |              |                        |         |
|--------|--------------|------------------------|---------|
| Bronze | 3,000 metres | Margaret Kay Robertson | 12:23.1 |
| Bronze | Long Jump    | Peter Stemp            | 5.82m   |

### 1991 Aland

|        |                    |                |         |
|--------|--------------------|----------------|---------|
| Silver | Half Marathon Team | Ian Williamson | 1:09:20 |
|        |                    | Bill Adams     | 1:10:50 |
|        |                    | Laurie Redfern | 1:18:40 |

### 1993 Isle of Wight

|        |                    |                           |         |
|--------|--------------------|---------------------------|---------|
| Bronze | Half Marathon Team | Ian Williamson Bill Adams | 1:12:32 |
|        |                    | Bill Adams                | 1:14:02 |
|        |                    | Laurie Redfern            | 1:26:36 |

### 1997 Jersey

|        |               |                |          |
|--------|---------------|----------------|----------|
| Gold   | Half Marathon | Ian Williamson | 1:08:58  |
| Bronze | 10,000 metres | Ian Williamson | 31:41.92 |

### 1999 Gotland

|        |                   |                |          |
|--------|-------------------|----------------|----------|
| Gold   | Half Marathon     | Ian Williamson | 1:10.37  |
| Bronze | 10,000 metres     | Ian Williamson | 32:36.59 |
| Bronze | 400 metre Hurdles | Caron Leckie   | 1:07.56  |

### 2001 Isle of Man

|        |               |                |          |
|--------|---------------|----------------|----------|
| Silver | Half Marathon | Ian Williamson | 1:12:28  |
| Silver | 800 metres    | Claire Wilson  | 2:20.41  |
| Silver | 10,000 metres | Ian Williamson | 32:11.50 |

### 2003 Guernsey

|        |                    |  |         |
|--------|--------------------|--|---------|
| Gold   | 1500 metres        | Claire Wilson  | 4:48.50 |
| Silver | Half Marathon      | Ian Williamson   | 1:10:14 |
| Bronze | 800 metres         | Claire Wilson  | 2:18.02 |
| Bronze | 4x400 metres Relay | Gayle Henry Marie Stemp<br>Emily Garrick Claire Wilson | 4:07.66 |

### 2005 Shetland

|        |               |                   |          |
|--------|---------------|-------------------|----------|
| Gold   | 800 metres    | Claire Wilson     | 2:14.13  |
| Gold   | 1500 metres   | Claire Wilson     | 4:41.72  |
| Gold   | Javelin       | Emma Gray         | 42.42m   |
| Gold   | 10,000 metres | Michelle Sandison | 38:19:74 |
| Silver | 100 metres    | Faye Richardson   | 12.64    |
| Silver | 200 metres    | Faye Richardson   | 26.26    |
| Bronze | Javelin       | Jonathan Kerr     | 54.86m   |
| Bronze | 5,000 metres  | Michelle Sandison | 18:35.94 |

**2007 Rhodes**

|        |             |               |         |
|--------|-------------|---------------|---------|
| Gold   | 1500 metres | Claire Wilson | 4:36.59 |
| Silver | 800 metres  | Claire Wilson | 2:13.55 |
| Bronze | Triple Jump | Sakchai Makao | 13.63m  |

**2009 Aland**

|        |              |  |         |
|--------|--------------|--|---------|
| Gold   | 800 metres   | Emma Leask   | 2:15.39 |
| Bronze | 4x400 metres | Allie Elphinstone Emma Leask<br>Megan Smith Inga Woods | 4:07.48 |

**2011 Isle of Wight**

|        |            |            |         |
|--------|------------|------------|---------|
| Gold   | 800 metres | Emma Leask | 2:11.72 |
| Bronze | Javelin    | Inga Woods | 31.30   |

**2013 Bermuda**

|        |            |            |         |
|--------|------------|------------|---------|
| Gold   | 800 metres | Emma Leask | 2:11.37 |
| Silver | 400 metres | Emma Leask | 58.59   |

**2015 Jersey**

|        |                    |  |                               |
|--------|--------------------|--|-------------------------------|
| Gold   | 3000 metres SC     | Claire Wilson  | 11:16.74                      |
| Gold   | 4x100 metres       | Faye Cox Kristi Grant<br>Sophie Moar Tamar Moncrieff | 49.05                         |
| Silver | 400 metres         | Emma Leask   | 57.67                         |
| Silver | 5000 metres        | Katie Bristow  | 17:17.56                      |
| Silver | Hammer Throw       | Elaine Park  | 38.67m                        |
| Silver | Half Marathon Team | Bobby Bristow<br>Matthew Cox<br>Leon Johnson         | 1:14.44<br>1:25.57<br>1:16.23 |
| Bronze | 100 metres         | Faye Cox   | 12.39                         |
| Bronze | 200 metres         | Faye Cox   | 25.68                         |
| Bronze | Long Jump          | Sophie Moar  | 5.37m                         |
| Bronze | Hammer Throw       | Maurice Williamson                                   | 47.96m                        |

**2017 Gotland**

|        |                    |   |         |
|--------|--------------------|---|---------|
| Gold   | 800 metres         | Seumas Mackay   | 1:53.32 |
| Silver | 800 metres         | Emma Leask  | 2:15:42 |
| Silver | 4x400 metres Relay | Cara Steven Faye Cox<br>Molly Morgan Emma Leask<br>Tamar Moncrieff Mhia Mouat | 3:55.85 |
| Bronze | 200 metres         | Faye Cox  | 25.17   |
| Bronze | 4x100 metres Relay | Tamar Moncrieff Faye Cox<br>Molly Morgan Laura Newbold<br>Mhia Mouat          | 49.52   |

## **SUMMARY**

A total of 48 medals won by Shetland Athletics since the Island Games began in 1985, 14 Gold, 15 Silver and 19 Bronze.

15 medals won by Endurance athletes, 13 by Sprinters, 12 by Middle Distance, 5 by Throwers and 3 by Jumpers.

Ian Williamson and Claire Wilson are the top individual medal winners with 9 medals apiece, followed by Emma Leask and Faye Cox 8 apiece.