

Shetland Amateur Athletics Club Competition Calendar 2024



| Date | Event Venue | | Entry | Entry |
|-------------|---|------------------|----------|--------------|
| | | | Open | Deadline |
| 01/04/24 | 2024 Outdoor Training Begins | Clickimin Track | N/A | N/A |
| 13/04/24 | U9/11 Spring Open Sponsored by Jamieson's of Shetland | Clickimin Track | 01/04/24 | 08/04/24 |
| 14/04/24 | Spring Open Sponsored by Jamieson's of Shetland | Clickimin Track | 01/04/24 | 08/04/24 |
| 28/04/24 | OGM1 Sponsored by Jamieson's of Shetland | Clickimin Track | 14/04/24 | 21/04/24 |
| 10-11/05/24 | North Districts | Inverness | By Club | By Selection |
| 19/05/24 | OGM2 Sponsored by Jamieson's of Shetland | Clickimin Track | 05/05/24 | 12/05/24 |
| 01-02/06/24 | Junior Inter County | Kirkwall, Orkney | By Club | By Selection |
| 07-08/06/24 | Scottish Schools Championships | Grangemouth | By Club | By Selection |
| 16/06/24 | Simmer Dim Half Marathon Sponsored by Cooke Aquaculture | Cunningsburgh | Open | ТВС |
| 23/06/24 | OGM3 Sponsored by Jamieson's of Shetland | Clickimin Track | 09/06/24 | 16/06/24 |
| 20/07/24 | SIAB International Meet | Wales | N/A | By Selection |
| 10-11/08/24 | U13/15/20 National Age Group Championships | Grangemouth | By Club | By Selection |
| 17-18/08/24 | U17/Senior National Age Group Championships | Grangemouth | By Club | By Selection |
| 24/08/24 | U9/11 Summer Open Sponsored by Jamieson's of Shetland | Clickimin Track | 11/08/24 | 18/08/24 |
| 25/08/24 | OGM4 Sponsored by Jamieson's of Shetland | Clickimin Track | 11/08/24 | 18/08/24 |
| 01/09/24 | 30 th Anniversary Invitational Meet inc. Club Championships Sponsored by Jamieson's of Shetland | Clickimin Track | 11/08/24 | 19/08/24 |

Important information:

All home competition entries will be through EntryCentral. Responsibility is of the parents/carers athletes to ensure entry has been done.

All entry deadlines are as above, with NO EXCEPTIONS.

Please double check athletes age groups with club coaches before entering.

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|-------------|------|---------------------|-----------|-------------|-------------|
| | | OGM1- | OGM2 – | OGM3 – | OGM4 – |
| Track | | 28/04/24 | 19/05/24 | 23/06/24 | 25/08/24 |
| 13 | 3:00 | 100m | 100m | 100m | 100m |
| 13 | 3:30 | 300/400m | 800m | 300/400m | 800m |
| 14 | 1:00 | 1500m | 3000m | 1500m | 5000m |
| 14 | 1:30 | 200m | 200m | 200m | 200m |
| | | | | | |
| Field | | | | | |
| 13:00-14:00 | | Shot Put | Javelin | Javelin | Shot Put |
| | | | | | |
| 14:00-15:00 | | Javelin | Shot Put | Shot Put | Javelin |
| | | | | | |
| | | Long Jump | | | |
| 13:00-14:00 | | (U13+U15) | High Jump | Triple Jump | High Jump |
| | | Triple Jump | | | |
| | | | | | |
| 14:00-15:00 | | High Jump | Long Jump | Long Jump | Triple Jump |
| | | Long Jump (U17+) | | | |
| | | (01/+) | | | |

Maximum of 3 events per athlete: No U13 300m; No U13, U15 or U17W 400m; No U13 3000m and/or 5000m; No U13 Triple Jump. U13 + U15 can only do 1 event 300m or above on the same day.

Limited spaces available for each event

Field Events: 2 practice attempts & 4 trials

Competitors MUST demonstrate competence in their event to compete

Athletes must be 11 years of age on date of competition (U13 training group or older)

NO LATE ENTRIES OR ON THE DAY ENTRIES

Licensed events under UKA Rules

All meetings/timings and events are subject to change depending upon entries

ALL ENTRIES TO BE MADE ONLINE AT ENTRYCENTRAL