

OGM 1 - 28/04/2024

Track

<u>Event Time</u>	<u>Event</u>	<u>Age Groups</u>
13:00	100m	All
13:45	400m	All
13:55	300m	All
14:15	1500m	All
14:45	200m	All

Field

<u>Event Time</u>	<u>Event</u>	<u>Age Groups</u>
13:00	Shot Put	U17+
13:30	Javelin	U13/15
14:00	Javelin	U17+
14:30	Shot Put	U13/15

13:00	High Jump	All
13:00	Long Jump	U13/15
14:00	Long Jump	U17+
15:00	Triple Jump	U15+