

2024 OGM Schedule	OGM1	OGM2	OGM3	OGM4
13:00	100m	100m	100m	100m
13:30	300/400m	800m	300/400m	800m
14:00	1500m	3000m	1500m	Mile
14:30	200m	200m	200m	200m
13:00-14:00	Shot Put	Javelin	Javelin	Shot Put
14:00-15:00	Javelin	Shot Put	Shot Put	Javelin
13:00-14:00	Long Jump (U13+U15)	High Jump	Triple Jump	High Jump
	Triple Jump			
14:00-15:00	High Jump	Long Jump	Long Jump	Triple Jump
	Long Jump (U17+)			