



Shetland Amateur Athletics Club, Island Games Selection Policy
Orkney 12th to 18th July 2023

1. Overview

Shetland Amateur Athletics Club recognises the profile of the NatWest International Island Games and has set a selection policy aimed at maximising performance opportunities at the 2025 Games. The policy also considers the NatWest International Island Games' role in developing upcoming athletes and will therefore set applicable standards aimed at progressing such athletes.

The "A" Standards are largely based on what is usually required to make the top 8 at the NatWest Island Games. The Half Marathon standards are set in line with the concept of fielding a "team" in that event.

2. Eligibility

To be considered for selection, athletes must:

- a. Be eligible to compete for Shetland (i.e. by birth or been a resident for a minimum of 12 months prior to the Opening Ceremony of the Island Games);
- b. Be 15 years or older on 1st June 2025 (or 18 years or older for half marathon);
- c. Be fully paid members of SAAC (the affiliated body for athletics to the Shetland Island Games Association) for the duration of the qualification period and the Games period itself.
- d. Not be currently under disqualification or suspension under the rules of the relevant International Federation or their own member Sports Association.
- e. From the date of selection until the day of departure for the Games, as club members athletes will have to abide by all SAAC Policies and Procedures and those of the National Governing Body, Scottish Athletics.

3. Qualification

- a. Qualification performances must be achieved on or after **1 January 2024** and before **1st September 2024** for track & field and before **31st October 2024** for 10k/ half marathon.
- b. Performances must be achieved during competitions where the results are eligible to be entered on to the Power of 10 database;
- c. For all relevant track and field events, wind assisted performances (performances with a wind value more than 2.0 m/s) shall not be accepted as formal qualifying marks but may be considered when assessing form or head to heads;
- d. Hand timed performances in 100m, 200m, 400m, 100m/110m hurdles and 400m hurdles **shall not** be accepted as formal qualifying marks but may be considered by the panel when assessing form or head to heads;
- e. Indoor performances for all field events and for races of 100m or longer shall be accepted;



f. Performances in road races (if eligible for Power of 10) will be accepted for 5,000m and 10,000m;

4. Specific Requirements

1. No athlete can attain “automatic selection” for Orkney. Two “A” standards will however be considered as automatic selection where there are two or fewer athletes who achieve this. Where more than two athletes achieve two “A” standards the panel will select the athletes based on the points listed below in Section 6;

2. Athletes who attain one “A” standard may be selected in events where there are still spaces providing they have shown form in 2024 (in training or formal races). (Priority will be given to the athletes who achieve two “A” standards as outlined above);

3. Athletes who attain the “Development Standard” may be selected for the team in events where there are still spaces providing they have shown form in 2024 (in training or formal races), (Priority will be afforded to those who fulfil criteria 2 and 3 above) and if they are one of:

i. An under-20 athlete (including lower age groups) who the panel believe has the mental aptitude, maturity and focus to absorb and thrive in the environment of a week-long senior competition;

ii. A would-be debutant at the Island Games;

iii. Are identifiable as a developing athlete with the ability to achieve a top 8 finish in 2027/2029;

4. Athletes who achieve the “Development Standard” but do not fit into the criteria described above can be selected where spaces in the team are not filled – but do not have the right to selection.

Athletes who have competed in previous Island Games will be expected to attain the Entry “A” Standard.

The selection panel may add athletes to the team to create relay squads for both 4x100m and 4x400m. If selected for a relay squad, an athlete may be able to compete in another event provided they have met the development standard for that event, that there is space available and that, in the Team Manager’s opinion, it would not detract from their relay performance.

A provisional team will be identified by the end of October 2024. This will allow for the planning and financial aspects of the Games preparations to be advanced. The final team will be picked in a single selection meeting to be held April 2024. Athletes successful in gaining selection will be informed immediately by email. The team will be announced once all athletes have accepted their places.

5. Injuries

All injuries must be declared to the Island Games Athletics Team Manager prior to the selection meeting. Anyone not declaring an injury at the time of selection may be withdrawn from the team and will not be entitled to a refund. The Team will not knowingly take an athlete that is carrying a significant injury that may prevent them from fully achieving their potential at the Games.



6. Selection Process

The selection panel will consist of:

- SAAC Senior Coaches;
- Island Games Athletics Team Manager.

All qualified and eligible athletes will be considered for selection; however athletes should understand that although achieving an Entry Standard is a requirement of selection, it does not guarantee selection.

For individual events, up to two athletes may be selected (three for Half Marathon). For relays, up to six athletes may be selected.

Where choices have to be made between athletes the selectors will consider the factors below. The relative priority of these factors will be entirely at the discretion of the selectors, whose task it is to select a team which has the best prospect of the best possible results at these and future games:

- Consistency of performances at or around the Entry Standard within the qualification period,
- Previous championship performances,
- Head-to-head competitive records,
- Current form and fitness,
- Potential.

The panel reserves the right to make value judgements on selections, on situations they consider to be exceptional circumstances within the spirit and aims of the general policy.

Athletes may only compete in events that they have been specifically selected for. Reserves may be selected as alternates to injured athletes who form part of a team (e.g. Half Marathon or Relay).

There is no right of appeal and the selection panel's decision is final.

7. Acceptance of Team Place – provisional and final

Athletes successful in gaining provisional selection will be contacted by email by the Athletics Team Manager immediately following the selection meeting. The email will contain details of how to go about accepting a provisional place on the team, what is required of the athlete between that date and the final team selection and also contain information relating to costs of competing at the Games.

A likely financial payment scenario will be as follows (based on previous Games):

- | | | |
|--------------------------------|---|--|
| 1 st November 2024 | - | Initial non-refundable deposit (all athletes) ** see below |
| 30 th November 2024 | - | 2 nd payment |



- 30th January 2025 - 3rd payment
- 28th February 2025 - 4th payment
- 1st May 2025 - Final payments

As can be seen, the vast majority of the advanced payments for participation in the Games will need to be made before final selections are confirmed in April 2025. This therefore places the onus on the athlete to continue to train and perform to the required levels in the lead up to the Games and the final selection meeting.

Athletes selected for the team, who are injured at the time of selection, will be given 21 days from the date of the selection meeting to prove their fitness. If they are forced to withdraw from the squad, their payment will be reimbursed in full should their place be filled by a 'reserve' athlete.

Costs for the Games are still being worked upon. Unlike previous Games, the Athletics Team has already secured our own self-catering accommodation separate to the official Games accommodation. This will be significantly cheaper than other offerings and gives a base at the Pickaquooy Centre itself. Final accommodation costs will be known once we have a clearer idea of the final numbers and male to female split.

** Any athlete that is wishing to be considered by SIGA for making alternative travel and accommodation arrangements for the Games outwith the official Team Shetland arrangements, must submit in writing their reasons and alternative plans along with their initial non-refundable deposit by the 1st October 2024. Please discuss with the Athletics Team Manager as soon as possible to help with travel and accommodation planning.



Team Shetland Island Games Entry Standards / Guidelines Orkney 2025

Men		Event	Women	
"A" Entry Standard	Development Standard		"A" Entry Standard	Development Standard
11.40	11.80	100m/ 4 x 100m relay	13.00	13.20
23.15	23.70	200m	26.70	27.20
50.00	52.00	400m/ 4 x 400m relay	59.80	62.00
1.57.00	2.02.00	800m	2.18.00	2.25.00
4.00.00	4.15.00	1500m	4.55.00	5.10.00
16.00.00	16.40.00	5000m	18.35.00	19.20.00
34.00.00	35.15.00	10000m	39.00.00	40.30.00
77.00.00	79.30.00	Half Marathon/ Team	90.00.00	92.00.00
16.50	16.70	110m/100m Hurdles	17.80	18.00
58.00	60.00	400m Hurdles	68.00	70.00
6.70	6.00	Long Jump	5.10	4.70
13.30	12.60	Triple Jump	10.45	10.00
1.85	1.70	High Jump	1.60	1.50
12.40	11.50	Shot Putt	10.00	9.00
54.00	49.00	Javelin	34.00	29.00

Senior athletes who have performed at a previous Island Games are required to make the Entry Standard on at least 2 occasions. Development athletes who have not been to an Island Games previously would be expected to make the Development Standard at least twice.

Qualification period: Track & Field – 1st January 2024 – 1st September 2024. Road (10k/ HM) – 31st October 2024.



ATHLETE INITIAL DECLARATION OF INTENT

2025 NatWest International Island Games

Orkney 12th to 18th July 2025

This signed form must be returned to the Team Manager prior to 1st May 2024.

Athlete's Name:	Date of Birth:	Parent or Guardian's name (if athlete is under 18 years old):
Address:		
Phone:		
Email:		
Parent or Guardian's email (if athlete is under 18 years old):		
Lead coach:		
Events for which you wish to be considered, ranked in order of priority with current PB (<u>including relays if applicable</u>): 1) 2) 3) 4) 5)		

I, _____ (the Athlete), do hereby declare my intent to compete at the 2025 Island Games. I am eligible to compete (as per Section 2). I understand that I am responsible for informing the Team Manager of my results on a regular basis. I further understand that I must meet all the Eligibility Criteria in order to be considered for team selection.

Athlete Signature:	Date:
Parent or Guardian's Signature (if athlete is under 18 years old):	Date:

Please remit completed form to: Shetland Athletics Island Games Team Manager.